

Taking Care Scheme

The 'Taking Care' scheme is a series of four lessons founded on the principles of Protective Behaviours which aims to provide children with strategies: to help keep them feeling safe; to understand their feelings; and how to respond to them and to develop a sense of self-empowerment.

This will be delivered across both schools from Reception to Year 6 in the Autumn Term.

Protective Behaviours – Taking Care Programme Infants

Reception, Year 1 & Year 2

Reception	<p>Feelings: There is no such thing as good or bad feelings Theme 1</p>	<p>Body Awareness: The children will be thinking about their bodies and what is 'private'.</p>	<p>EWS/Scary body feelings: Identifying children's Early Warning Signs (EWS)</p>	<p>Telling & Secrets: Theme 2 Children will construct their own support network</p>
Year 1	<p>Feelings: Feelings are feelings, not good or bad, it is how we behave when we have feelings that matters Theme 1</p>	<p>Unsafe Feelings & Body Awareness: Our bodies warn us if we feel unsafe – we call these feelings EWS.</p>	<p>Body Privacy & Secrets: Naming Private body parts: Penis, Vulva & Anus Mouths are private too Safe & unsafe secrets</p>	<p>Telling & Networks: Theme 2 Children will construct their own support network hands</p>
Year 2	<p>Feelings, Rights & Responsibilities: What are Rights & Responsibilities? Theme 1</p>	<p>Unsafe Feelings & Problem Solving: Recognising EWS Is my fun, fun for everyone?</p>	<p>Body Awareness & Personal Space: My body belongs to me No one has the right to touch me in a way I don't like Theme 2</p>	<p>Networks & Using Them: Children will construct their own support network hands Theme 2</p>

Protective Behaviours – Taking Care Programme Juniors

Year 3, Year 4, Year 5 & Year 6

Year 3	<p>Feelings, Rights & Responsibilities: A feeling is a feeling, not good or bad, right or wrong.</p> <p>What are rights & responsibilities?</p> <p style="text-align: center;">Theme 1</p>	<p>Unsafe Feelings: Identifying children's EWS, strategies as to what to do when experiencing EWS.</p>	<p>Body Awareness & Telling: My rules for safety & my body. My body belongs to me.</p>	<p>Networks & Using Them: Children will construct their own support networks hands.</p> <p style="text-align: center;">Theme 2</p>
Year 4	<p>Rights & Responsibilities, Feelings: Exploring children's rights & responsibilities that come with them.</p> <p style="text-align: center;">Theme 1</p>	<p>Safe & Unsafe Feelings: Exploring situations when it feels fun to feel scared. Recognising EWS.</p>	<p>Exploring Theme 2, Secrets: Safe & Unsafe secrets.</p> <p style="text-align: center;">Theme 2</p>	<p>Telling & Networks: Theme 2 Children will construct their own support network hands</p> <p style="text-align: center;">Theme 2</p>
Year 5	<p>Rights & Responsibilities, Feelings: Exploring the Rights of the Child.</p> <p style="text-align: center;">Theme 1</p>	<p>Safe Feelings, Fun to Feel Scared & EWS: Exploring & creating safe places. Situations when it feels fun to feel scared. Recognising EWS.</p>	<p>Theme 2, Secrets & Networks: Safe & unsafe secrets. Exploring Theme 2 and creating support Network hands.</p>	<p>Using Networks: Network review – who makes a good network person? Keep telling.</p>
Year 6	<p>Rights & Responsibilities, Feelings: Exploring the Rights of the Child. Emotions</p> <p style="text-align: center;">Theme 1</p>	<p>Safe feelings, Fun to Feel Scared & EWS: Theme 1 Is my fun, fun for everyone? Recognising EWS.</p>	<p>Theme 2, Secrets & Networks: Safe & unsafe secrets. Exploring Theme 2 and creating support Network hands.</p>	<p>Using Networks: Network review – who makes a good network person? Keep telling.</p>